



Haunted House

(Breath)

Okay, we're going to a haunted house. Don't be scared! **Take a deep breath**, that will calm you down. Feeling better? **Better take another deep breath...**Okay, let's go....

We're at the front door.

(Tactile)

Squeeze in between the boards, squeeze through the narrow passage.

We're into the front hall. Oooo..water's **dripping on us**on our shoulders, our arms, our head....there's drops on our back too! Oooo....spiders are **skitter over us!** They're **crawling on our** arms, our neck, our backs, our legs, skittering up and down let's get away from here. Push through the cobwebs....they're **brushing up** against our faces, our arms, all over.....oooo..glad we got through that! I see light coming from that little mouse-sized hole over there.

(Core-Distal)

Get really small I'm sure we can squeeze through it....okay, **stretch out** flat and wiggle through that tunnel. There's a turn up ahead, you're gonna hafta **squeeze up small**, to make it through this next part... and your out into the room. Oh, it's so nice to **stretch out again**.

(Head Tail)

Wow, we're in an old library! **Look up!** The books reach all the way to the ceiling. **Look down.** This old rug must have been really beautiful at one time. Let's dust it off...Ohhhh, it's a magic carpet. Let's **get on our bellies and fly** on it!That was fun!. But we're really covered with dust now. Shake it off.

(Upper Body)

I think there's a secret passage from this room....Check the wall here...and here... and here.....yes! It's a revolving bookcase.

If you just pull that one book there, this bookcase should open...yes! **Just enough to get your head, shoulders, arms and waist through...oh no, we're stuck!** Okay, reach out with your arms and grab that handle. Good, now twist it back and forth....use your whole back....that should loosen the mechanism.....good! the case is moving.

(Lower Body)

Hold on to that handle and just get your lower body through. **Oh no, the floor's not stable. Don't let go of the handle. Our feet our going everywhere! Now, if you just swing one leg forward, now the other...we're on solid ground again!** Phew!

(Body Side)

It sure is dark in here. We'd better try to find a wall. Just **edge along sideways** on the board.... Good! We're to the wall. Let's climb it. Get a good foot and hand hold and pull yourself up, one side and the other. We're to the top now. Good, we can see much better here... but what are we seeing? I'm not sure, let's hide in that suit of armour by the big doorway. That way, whatever it is, it won't see us. Okay, get one side it...get the other side in. I wonder if we can walk in this? It's pretty stiff....but if you **swing one side forward and then the other**, that should work..... let's see what's inside this room...

(Cross Lateral)

Somebody is in there, and it thinks you're scary! It's **skipping** away as fast as it can to that big empty fireplace. Look it's a ghost, and it's afraid of us. Don't be afraid, we won't hurt you.

(Vestibular)

Now it's spinning **up the chimney to get away from us. Hey! Stop! Don't** go! Wait for me up on the roof! Okay it's our turn to **spin the other way** up the chimney. Awww, there's the nice ghost, he's so scared. Don't worry, I'm nice. Would you like to float home with me? Okay. You can come live at my house..... Let's goooooooooo..... ***(Fly back home)***